

Cathy Cave, Senior Training Consultant

The National Center on Domestic Violence, Trauma & Mental Health

Cathy has 30 years' experience as an administrator, facilitator and consultant specializing in cultural competence and disparities elimination, trauma informed services and supports, strength based approaches with individuals, youth and families, and leadership within child welfare, education, juvenile justice, disaster response, mental health, domestic and sexual violence advocacy, and corrections. She is one of New York State's early trauma champions, coordinating county collaboratives and the Mastering the Key Connection Statewide Trauma Conferences in the mid-1990's.

Currently, Cathy provides technical assistance on trauma, cultural competence, wellness and peer support through the National Center on Domestic Violence, Trauma & Mental Health, numerous programs and projects funded by Substance Abuse and Mental Health Services Administration, governmental agencies and advisory bodies, coalitions and directly to human service organizations throughout the country. Formerly the Director for Cultural Competence for New York State Office of Mental Health, she uses her survivor, family, community, provider and administrative perspectives to facilitate organizational change at local, state and national levels.