

MOCOSA

Metropolitan Organization to Counter Sexual Assault

Learning at All Levels

Education for People with Intellectual and Developmental Disabilities

Emma Barnett & Tyler Lumpkin

Agenda

- Definitions
- Disability Respect
- Risk Factors
- Learning Impacts
- Teaching Concepts
- Resources



Take Care of Yourself



Learning Objectives

1. Define intellectual and developmental disability.
2. Identify why this population is more likely to experience sexual violence.
3. Understand how intellectual and developmental disabilities impact learning.
4. Implement disability-informed education concepts.

Defining “Disability”



- Vision
- Movement
- Thinking
- Remembering
- Learning
- Mental Health
- Communicating
- Hearing
- Social Relationships

Disability Respect



Disability Respect

- Use person first language.
- Asking before offering assistance.
- Talking to the person, not the caregiver.
- Treat people like adults.
- Use teaching strategies based on developmental age, but content based on chronological age.

**People with intellectual
disabilities are 7x more
likely to be sexually
assaulted.**

(Justice Department via NPR series “Abuse & Betrayed”)

Risk Factors

- Dependence on outside help (parents, caregivers, aids)
- Communication barriers
- Socialized to comply from a young age
- Social isolation/desire for acceptance
- Lack of sex education
- Desexualization of people with disabilities
- Seen as less credible

Learning Impacts

How do people with intellectual and developmental disabilities learn differently?

- Difficulty understanding new information
- Difficulty with communication and social skills
- Slow cognitive processing times
- Difficulty with sequential processing of information
- Difficulty understanding abstract concepts

Teaching Concepts

- Key statements should be highlighted and repeated. Repetition is key!
- Use clear, straightforward language
- Avoid abstract concepts
- Use real life examples that are specific to their experiences
- Allow extra time when presenting
- Use assistive technology to communicate
- Present in different formats (activities, videos, handouts, etc.)
- Provide an outline of what will be talked about
- Give notice of what will be discussed next session

Practice Makes Perfect!

Take an abstract concept and practice making it concrete for people with intellectual and developmental disabilities. Be creative!

abstract abstract abstract
ract abstract abstract abst
abstract abstract abstract
ract **CONCRETE** bst
abstract abstract abstract
ract abstract abstract abst

MOCOSA

Metropolitan Organization to Counter Sexual Assault

www.mocsa.org

3100 Broadway Suite 400

Kansas City MO, 64111-2414

Office: 816-931-4527

816-531-0233 MO Crisis Line 913-642-0233 KS Crisis Line